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**Your paper title starts here: please center
use times new roman 12 pt bold**

ABSTRACT

Title of the Section (bold, 11pt)

The paper should be written with use of MS Word for Windows (*.DOC format) and PDF format. The text area for your manuscript must be **16 cm wide and 25.7 cm high** (this give for A4 paper following margins: top = 2 cm, bottom = 2 cm, left = 2.5 cm and right = 2.5 cm). Do not place any text outside this area.

For the paper the basic font is Times New Roman 11pt. Do not introduce additional free lines. Free lines can occur only before and after a title of the chapter and before the section. Abstract is limited to **one (1) page maximum** including figures, tables and appendices (figures and tables inserted into the text). This instruction is an example of the properly written paper.

Figures and Tables

Figures, graphs and photographs (refer with: Fig. 1, Fig. 2, ...) must be placed into the text. Small figures (smaller than a half of the width of the written page) are subjected to dressing by the text. Greater figures should be centered and numbered as in the example. The captions must be centered, too.

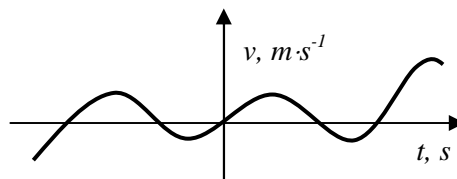


Fig. 1. Figure caption (Times New Roman 10pt, centered)

Tables are numbered and the captions are centered over the table.

Table 1. Table caption (Times New Roman 10pt, centered)

Steel	<i>m</i>	σ_{af} MPa
10HNAP	8.27	255
18G2A - bar	9.31	204

Equations and References

The equations must be centered. They should be numbered and their numbers must be written in the round brackets on the right. If you are referring to an equation in the text, please write its number in the round brackets, too. Allow a free line before and after each equation

$$\sqrt{a^2 + b^2} = c. \quad (1)$$

The equation should be written with use of 11 point signs (indexes 8 points). SI units have to be applied.

References are cited in the text just by square brackets [1]. Two or more references at a time may be put in one set of brackets [1, 2]. The references are to be numbered in the order in which they are cited in the text and are to be listed at the end of the contribution under a heading REFERENCES, see our example below.

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An electronic file of your paper (in Microsoft WORD for Windows and PDF format) by e-mail to d.rozumek@po.opole.pl (eventually on a CD-ROM) to the following address by surface mail to be received by **01 May, 2010**:

Prof. Ewald Macha

XV International Colloquium "Mechanical Fatigue of Metals" (XV-ICMFM)

Technical University of Opole

Faculty of Mechanical Engineering

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The abstract title and authors will be published on Conference web site, the abstracts will be published in Abstracts book and each participant will receive a copy of the book on the opening day of the Conference.

REFERENCES

- [1] ŁAGODA T., MACHA E.: Multiaxial Random Fatigue of Machine Elements and Structures - Part III, Studies and Monographs 104, Technical University of Opole, 1998, 196 ps, (in Polish)
- [2] ŁAGODA T., MACHA E., BĘDKOWSKI W.: A critical plane approach based on energy concepts: application to biaxial random tension-compression high-cycle fatigue regime, Int. J. Fatigue 21, 1999, pp. 431-443

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